

Willow and Oak Learning Project Week Six: Food

Weekly Maths Tasks

Watch a Numberblocks clip each day at: www.bbc.co.uk/cbeebies/shows/numberblocks Use this guide <https://www.bbc.co.uk/cbeebies/joinin/numberblocks-help-your-child-with-maths> to give you ideas on what to do with your children whilst watching an episode.

Year 1 - please use the login you have been sent for Numbots and choose an activity.

Reception - Play the Numberblocks add and subtract [quiz](#).

Practise recognising amounts up to [five](#) or up to [ten](#) by playing these games. This can be done by reading a dice when playing board games, playing with cards, identifying how many food items on the plate etc.

Play on [Number Balance](#) - Make the scales balance by ensuring that both sides add up to the same value.

Listen to a number song from the [CBeebies](#) website. After listening to them, watch again and sing along if you can. Talk about the maths you can see in the video clip.

Play [Free Maths Games about Measuring Weights ... - Topmarks](#) Happy Camel is good for learning about balances.

Explore weighing and measuring food on the kitchen scales. Ask, what happens as you place more on the scales?

Look for numerals on packaging you find around the house. Can your child recognise the numerals and count out a matching amount?

Weekly Reading Tasks

Please make sure you continue to read a variety of books at home. Your child should be sharing a book everyday. This can be reading a book aloud everyday or sharing a book with an adult.

The **Dorset Reading Partners** leaflet which has been sent out to you has some lovely ideas for reading with your children.

Visit Oxford Owl for free eBooks that link to your child's book band. You can create a [free account](#).

Listen to [Newsround](#) and discuss what has been happening in the world this week. What new things have you found out?

Can you think of a story that has activities involving food in like 'Spots Picnic ' Read the story if you have the book or you can look for an online version of the story. Draw a story map.

Read or listen to "I will not ever never eat a Tomato " by Lauren Childs

<https://youtu.be/4sxJnr2YsFE>

Can you make up names for your vegetables or fruit ?

Look at recipe books and food magazines.

Encourage your child to use their phonics knowledge to decode the ingredients list.

Select a recipe and make this together.

Encourage your child to read the labels on packaging to figure out which ingredient it is.

Weekly Phonics/Spellings	Weekly Writing Tasks
<p>Daily phonics - Ask your child to practice their sounds and blend words. This can be oral blending (e.g. spoken out loud c-a-t) or written if appropriate. Interactive games found on links below.</p> <p>Phonics play</p> <p>Top Marks</p> <p>Sing Nursery Rhymes and songs together. Add in actions and change the words. Can children think of different rhyming words to add in? Repeat old favourites and learn new rhymes. You can find an A-Z of Nursery Rhymes here</p> <p>Daily phonics - Practice the sounds your child is working on and blend words. This can be oral blending (e.g. spoken out loud c-a-t) or written if appropriate. Interactive games.</p> <p>Pour flour, rice or lentils into a shallow tray or plate. Show your child a letter, digraph, trigraph or tricky word and ask them to 'write it' in the food using their finger.</p>	<p>Practice forming the letters of the alphabet. Follow your school's script.</p> <p>Ask your child to write out the tricky words they are working on at the moment on pieces of paper and turn them into a pairs game.</p> <p>Using recipes from books as a guide, ask your child to create their own recipe for their dream meal.</p> <p>Reception could draw out the ingredients and label them and draw the finished meal, and maybe add a short sentence about their favourite ingredient.</p> <p>Year 1 may be able to write a set of instructions as sentences using language such as 'First' and 'Next' .</p> <p>Look at a range of different packages found around the kitchen. Discuss with your child what makes it stand out to a customer. Support them to design and maybe make a package for a treat of their choice . Take a photo and post on Tapestry.</p> <p>Help to plan and make the family meal -send us a picture on Tapestry.</p> <p>Finish any of the activities from the 'Mavis the Magical Cat' booklet or 'Sidney Spider - A Tale of Friendship' booklet.</p>

Learning Project - to be done throughout the week: Food

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

Healthy/ Unhealthy-

Provide your child with a selection of items from your kitchen cupboards. Can they sort them into things that are healthy and unhealthy? Discuss why the food is good for you or bad for

you. Look at the [Eatwell plate](#) to help figure out which foods they should eat a lot of or not very much of.

Discuss how exercise is an important part of staying healthy. Watch and complete a 10 minute [shake up](#).

5 a day-

Support your child to create a food diary to record how many pieces of fruit and vegetables they eat in a day. They could write these using their phonics knowledge or draw a picture of each item.

Create a collage-

Ask your child to draw out a number of fruits or vegetables, large enough to fill a piece of A4 paper. Provide them with a selection of colourful packaging. Can they cut out and collage on to their picture to

Play shops-

Using toy food or old packaging, set up a food shop for your child to act out being the shopkeeper and customer. You could introduce coins to support their developing knowledge of money. Give them a notepad to use as a shopping list to encourage in the moment writing.

Potato/ Vegetable Printing- Using a selection of vegetables available in your kitchen, support your child to print and explore the shapes and patterns created:

Make cornflour gloop-

Mix cornflour with a small amount of water in a mixing bowl. It will make a slimy, stretchy mixture. Allow your child to explore the change of texture from wet to dry and the texture of the gloop.

VE DAY CELEBRATION - see separate email. We look forward to seeing any photos or drawings of how you celebrate the anniversary of the end of WW2.

HISTORY PROJECT - you will also be receiving via email a history project to complete about how you have been feeling during this strange period in time, of having to stay at home.

Additional learning resources parents may wish to engage with:

[Twinkl](#) - to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.

BBC Bitesize are doing daily lessons with some famous faces taking part. You can access the lessons on the BBC iplayer or red button.

Mrs Joy has shared this lovely song about family that you might like to sing . <https://youtu.be/ARCFup8WVkY>
The following website has some brilliant activities based on food and keeping healthy .
[Great Grub Club: Welcome to](#)